## SPREAD THE WORD. NOT A VIRUS.

## PHYSICAL DISTANCING

Physical distancing is a public health concept to reduce the probability of contact with individuals who have or may be carrying a highly contagious disease.

HOW CAN I PRACTICE PHYSICAL DISTANCING?



No gatherings



Stay at least 6 feet apart



**Telecommute** 



**Arrange virtual meetings** 

For more information, visit uci.edu/coronavirus or ehs.uci.edu or cdc.gov

